

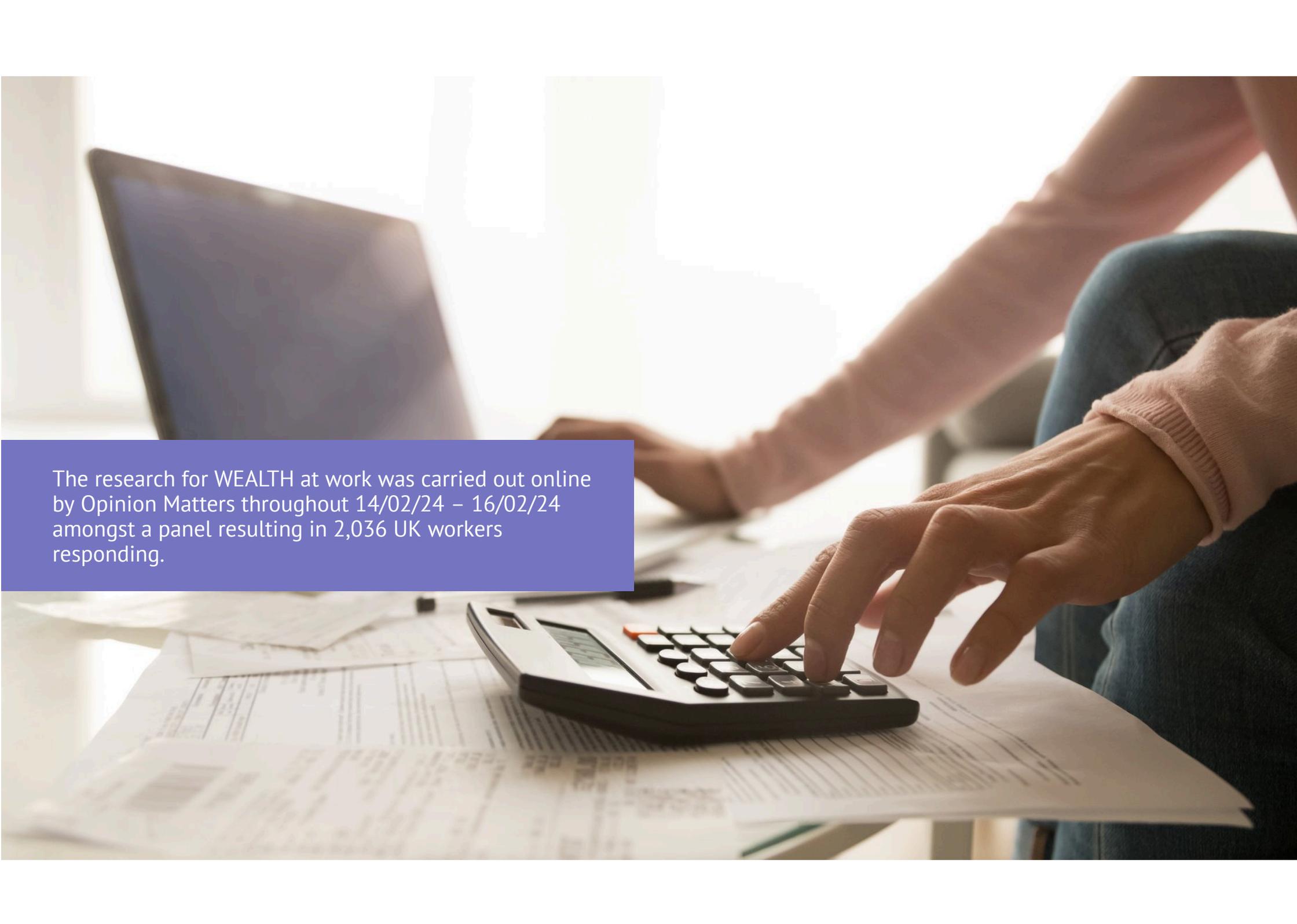
# the impact of money worries.

Survey results 2024



**WEALTH** at work

part of the Wealth at Work group

A close-up photograph of a person's hands typing on a black calculator. The calculator is placed on a white document with some text and a barcode. In the background, a laptop is open on a desk, and another person's arm is visible, suggesting a collaborative work environment. The lighting is bright and natural, coming from a window on the left.

The research for WEALTH at work was carried out online by Opinion Matters throughout 14/02/24 – 16/02/24 amongst a panel resulting in 2,036 UK workers responding.

# 1. financial concerns and worries.



# financial concerns and worries.

Workers said that their biggest financial concerns for the year include...

40%

not having enough savings for unexpected costs

38%

not being able to save enough for the future

34%

not being able to pay basic living costs such as rent, mortgage payments, energy bills, food etc

29%

being in debt



## 2. reacting to money worries.





# reacting to money worries.

Due to money worries, in the last year workers have...

26%

worked more overtime

22%

borrowed money from family or friends

20%

taken on debt

11%

taken on an additional job

### 3. impact on workplace productivity.



# impact on workplace productivity.

Money worries have affected work performance by causing...

38%

increased stress levels

33%

mental exhaustion

26%

decreased motivation

20%

reduced focus and concentration

9%

increased sick days



4. the  
employer  
employee gap.



# the employer employee gap.

If workers were struggling with debt only...

9%

would seek help from their employer

In particular, 16–24 year old workers are more likely to seek help from...

13%

a pay day loan company...

12%

...than from their employer



contact us.

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